

Dr. Bob

The Drugless Doctor

Press Packet

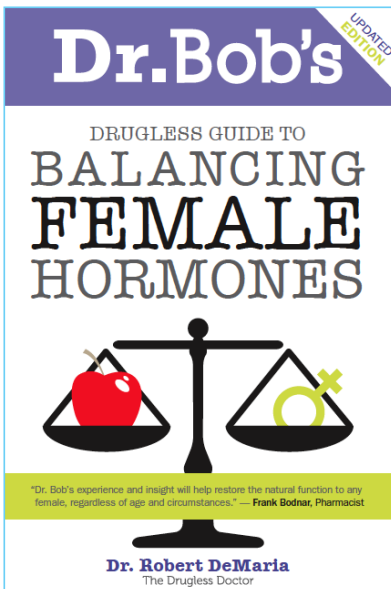
It has been a privilege to educate people from all over the world the past forty years in their pursuit to live healthier lives. If you would like to have me engage your audience in providing the most current health information, let's connect!

Over the next few pages I have laid out key points from my books and devotionals and how each can be tailored to best suit your platform.

To Your Health,

Dr. Bob
The Drugless Doctor





Dr. Bob's Drugless Guide to Balancing Female Hormones

#1 on Amazon & National Best-Seller!

It's not a fluke that Dr. Bob's Drugless Guide to Balancing Female Hormones is a best-seller. In its second edition, Dr. Bob has gathered his forty years of experience to create a state of optimal health within the female hormonal system which includes the following topics:

- Estrogen & your liver
- Healing your thyroid
- The cause of your hot flashes
- Finding the right supplements for you

Sample Press Questions May Include:

- How can you restore hormonal function naturally?
- What are keys to prevent osteoporosis?
- Are there ways to reverse heavy menstrual issues?

“Dr. Bob DeMaria's book is a must read for every woman. This book helps you make lifestyle changes for a healthier, happier life.”

Marilyn Hickey, President and Founder of Marilyn Hickey Ministries @marilynandsarah



Dr. Bob's Guide to Prevent Surgery

“Successful surgery,” with its potential for collateral damage, is actually an oxymoron; a successful surgery is one that never needed to occur.”

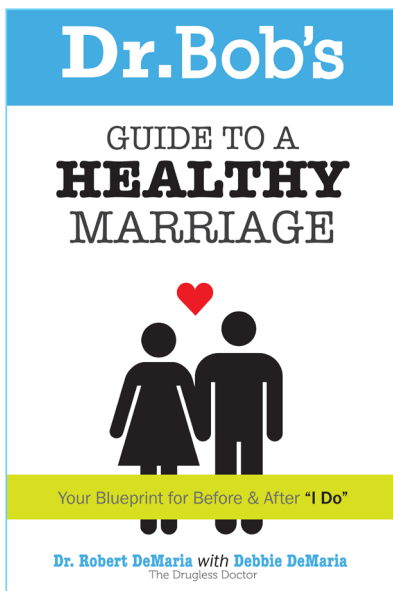
Were you ever told you needed a surgery that you later found out was unnecessary? The truth is, many of the surgeries performed each year can be prevented. Dr. Bob DeMaria, The Drugless Doctor, shares how you can avoid going under the knife, through time-tested nutritional advice and drugless protocols that address cause rather than symptoms.

Sample Press Questions May Include:

- What if my family has a history of surgery? Can that be reversed?
- How does chiropractic and drugless care help to prevent surgery?

“What I appreciate and respect about Dr. Bob's perspective, is that he provides us with simple and natural steps we can start today for a healthier tomorrow.”

Selina DeLangre, President & CEO of Selina Naturally®, home of Celtic Sea Salt® Brand.



Dr. Bob's Guide to a Healthy Marriage

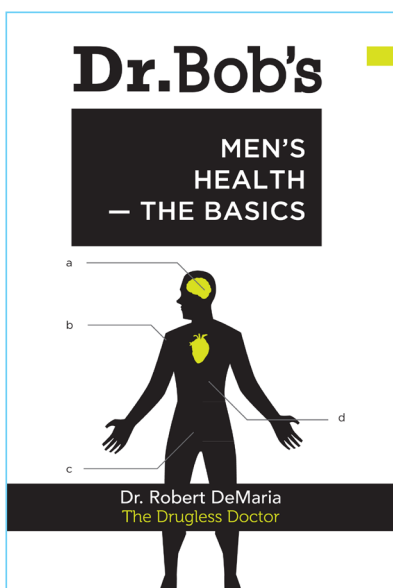
What defines a healthy marriage? Dr. Bob and Debbie DeMaria, married since 1976, share their recipe of courtship, raising a family, running a business, and aging well, alongside a few secret ingredients, to a new generation of married couples.

Sample Press Questions May Include:

- If you were to give your 22-year-old self marriage advice, what would it be?
- What is one "health" takeaway a couple can start after reading this book?

"Marriage is hard!!! It is only in fairy tales. But if you want to build a strong and lasting marriage, navigating the joys and challenges that come, then this is a great book to pick up! Dr. Bob and Debbie DeMaria have not only been married for decades, in "Dr. Bob's Guide to a Healthy Marriage," they offer beneficial and practical ways we can have the marriages we so desperately desire. Their honesty and their stories will make you feel as if you were having a conversation with a friend. Enjoy the book!"

Philip and Holly Wagner, Lead Pastors, Oasis Church, Los Angeles

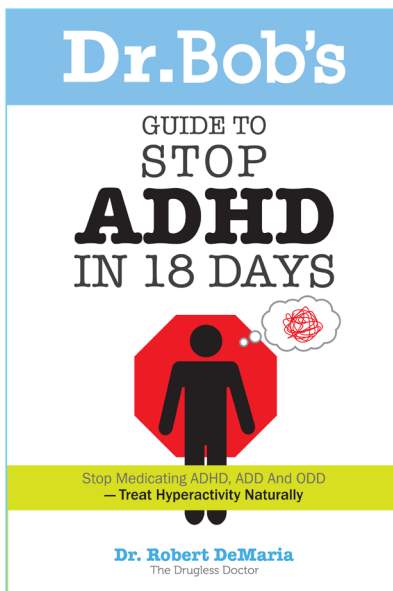


Dr. Bob's Men's Health - The Basics

Did you know that forty-five percent of men in the United States do not even have a primary physician? In his Men's Health- The Basics, Dr. Bob DeMaria outlines common health conditions men are prone to, and provides drugless protocols that have helped thousands of male counterparts from all over the world.

Sample Press Questions May Include:

- How can you stop heart disease, especially if it "runs" in the family?
- Is it possible to "cancer proof" your life?
- What are ways to increase your libido naturally?
- If there is one food every man should eat, what is it?



Dr. Bob's Guide to Stop ADHD in 18 Days

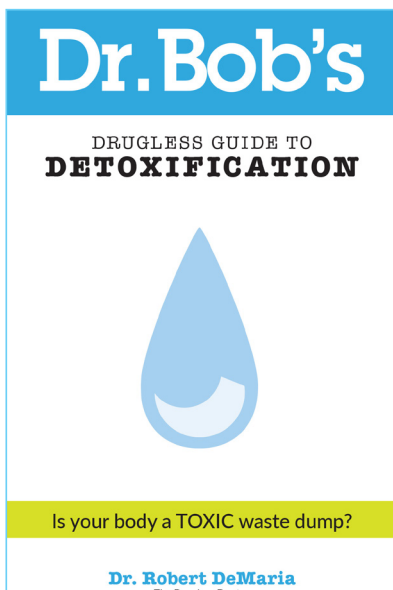
Since this book was released, our attention spans and brain's ability to concentrate has only reduced, while the number of juvenile and adult cases of ADHD has increased.

Dr. Bob's Guide to Stop ADHD in 18 Days, however, gives its readers a renewed sense of purpose and hope for a healthier life.

As a father himself, Dr. Bob understands a parent's desire to raise healthy children who turn into healthy adults, yet, he also recognizes the increasing trend of ADHD and related conditions in today's society. With an estimated number of 75 million prescriptions a year written for Ritalin alone, Dr. Bob created a pilot program that produced results in stopping symptoms of ADHD without medication in as little as eighteen days.

Sample Press Questions May Include:

- Is it true that you can stop ADHD in 18 days?
- How do you normalize fat metabolism?



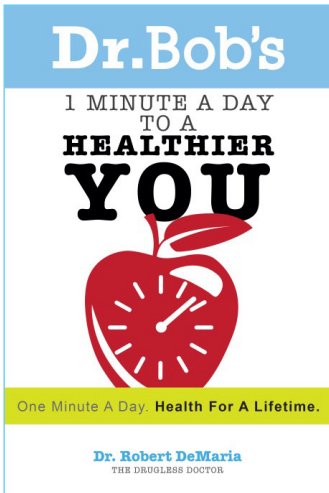
Dr. Bob's Drugless Guide to Detoxification

One of the most common questions Dr. Bob gets asked is, "Dr. Bob, how do I detoxify?" The simple answer happens to be "Stop putting toxins in and on your body." Even though the answer may be simple, you often need a step-by-step roadmap, which is exactly what this book provides.

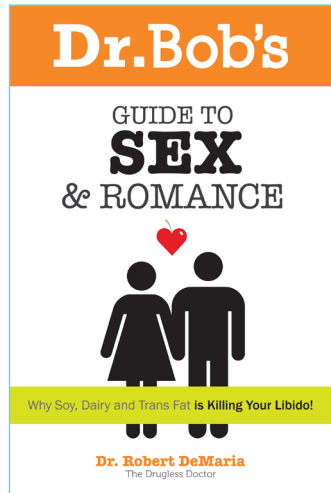
Sample Press Questions May Include:

- What is the most important thing to do to purify and cleanse your body?
- How does the castor oil pack help to heal your body?

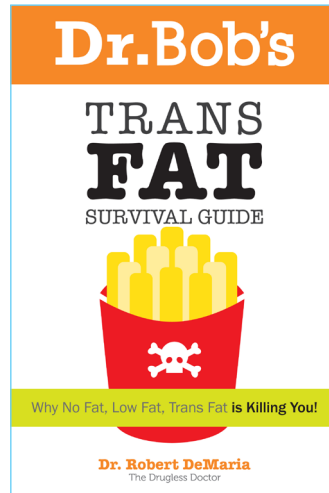
Other Books Authored by Dr. Bob DeMaria



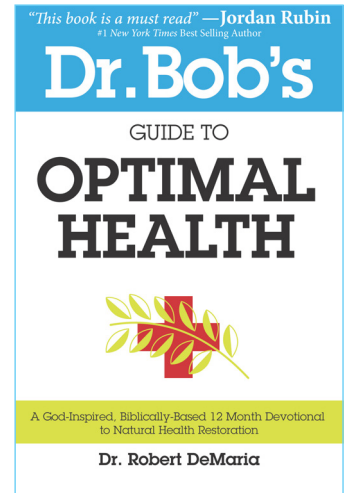
Dr. Bob's 1 Minute a Day to a Healthier You



Dr. Bob's Guide to Sex & Romance



Dr. Bob's Trans Fat Survival Guide



Dr. Bob's Guide to Optimal Health

Available For

Television, Print, Podcast, Radio, Speaking

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